

Endomorph Diet Plan

F Rizvi

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web karthik s the displacements method works by satisfying the equilibrium equations for the structure to do this the unknown displacements are written in terms of the loads by using the load displacement relations then these equations are solved for the displacements once the displacements are obtained the unknown loads are determined from

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deflection method is to write the
equilibrium equations for each node in
terms of the deflections and rotations
solve for the generalized displacements
using moment displacement relations
moments are then known the structure
is thus reduced to a determinate
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this lesson we will apply the slope
deflection method for the analysis of
rigid frames based on the nature of
deformation rigid frames are classified
into two categories i frames without
sidesway lateral translation of joints are
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for the members and enforce
equilibrium at the nodes this approach
is more convenient than the force
method and has the additional
advantage that it can be readily
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method also referred to as the method
of virtual force or unit load method
uses the law of conservation of energy
to obtain the deflection and slope at a
point in a structure

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that the way i like to think about the
displacement method of analysis is
correct suppose that a beam as given
by the figure below is to be solved
under this conditions the only unknown
is the rotation of joint b b α_b α_b

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web it is to be understood that the slope deflection method is a displacement method or stiffness method unlike the force method or the method of consistent deformation discussed earlier here the unknown displacements are found first solving the structure's equilibrium equations reduced equations of slope deflection

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