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web nov 3 2016 1 believe in yourself your limitation it s only your imagination 2 work hard push yourself because no one else is going to do it for you 3 don t wait sometimes later becomes never do

the key to self motivation stay driven and meet your goals -

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web sep 30 2019 self motivation is the ability to drive oneself to take initiative and action to pursue goals and complete tasks it s an inner drive to take action to create and to achieve it s what pushes you to keep going on tasks especially those you re pursuing because you want to not because someone told you to

15 ways to boost your motivation for success lifehack -

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web mar 9 2023 1 practice looking at the glass being half full when life is challenging this is not as easy to do if you

feel like you re unsuccessfully playing dodgeball in most areas of your life practice short bursts of radical acceptance 1 and look for fine threads in your day that you are grateful for and that bring you happiness